



*Hoppiwimbush*  
Inspiring Soulful Living

## FROM EGO TO ESSECE

3 MONTH LIFE TRANSFORMATION PROGRAM

Course Outline

### *Hey There Gorgeous Soul...*

Thank you for registering your interest to find out more about this Life Transformation Program. I've developed the program drawing on three decades of my own deep inner exploration, healing, life experiences, spiritual awakenings and expansions. The program incorporates cutting-edge cellular healing research, NLP processes, natural & creative explorations and the very best in embodied Emotional Intelligence.

I am trained in Creative Emotional Intelligence (PGCE) and have a Foundation Masters Degree in Integrative Arts Psychotherapy (Gestalt & TA). I am also trained in Cellular Healing, NLP and I am a certified Journey Practitioner. Please visit my website for more information.

<https://hoppiwimbush.com/meet me>

This "From Ego to Essence" life transformation course is a journey for people who are serious about changing their life for the better. The course is structured into three modules that run through three months. Once you commit, you'll be guided to get crystal clear on your overall intention for taking the program. When we begin with Module One, you'll be invited to zone in on specific issues that you want to clear and heal, whilst opening into the most sacred part of your being. On a soul level, your body and being will begin to prepare as you to learn the powerful healing tools for life. In this way your deepest intention can be realized.... You'll feel it!

## MODULE 1 - CLEARING THE WAY

### Opening to Your Creative Essence

In this first module we deep dive into the essence of truth, of nature, of life and the universality of all that is Sacred. You'll receive beautiful, heart-centred teachings that serve to ignite your heart in opening. You'll be introduced to powerfully liberating processes to clear the way so your heart can really shine right from the very beginning. The processes will be incrementally added to throughout the program according to the teachings.

## MODULE TWO - THE ELEMENTS OF HEART

### The 5 Essential Elements of a 'Soul-full' life

In module two, we traverse through specific elemental themes that will, at times challenge and stretch you. You'll uncover your limitations in consciousness and the places within you that are blocked. You'll be working deeply and creatively with a wide range of process tools that will give you life-long empowerment. This module facilitates deep inner shifts and real soul growth on every level of your being.

## MODULE THREE - INSPIRED ACTION

### Life Transformation Integration

In our final module together, you'll enter the most powerful part of the program and experience the 'Process of all Processes'. This final process is a private 1:1 with me personally via skype, zoom or video call. You will have been preparing for this 1:1 throughout the entire journey of the course. This most profound process provides a soul alignment that plugs you into Divine Intelligence in a brand new, expanded, yet grounded way, so you are fully aligned within and ready to soar in your life.

## YOURS TO KEEP FOR LIFE

- 1# 12 powerful, original MP3 processes that transform physical, emotional, mental and spiritual blocks ~ Tools for life long soul growth and healing.
- 2# Written wisdom teachings and beautiful workbooks with revelation exercises and enquiries, designed for your soul growth for each week of this Journey.
- 3# Inspirational video teachings with Hoppi every week along with progressive guidance on working with the MP3 processes - so you become fluid and creative.
- 4# 12 x Soul-group online meetings with Hoppi every single week. Enjoy the 'soul-full' community in Sacred Space - for authentic sharing and loving support.
- 5# 7 x Creative Modalities and ways to express your unique soul in natural, surprising and liberating ways that explore uncharted terrain within you.
- 6# Full Access to our private Facebook group - join our growing community with conscious souls on hand to support, help and guide you every step of the way.
- 7# LIFE LONG MEMBERSHIP and the ability to repeat the "From EGO to ESSENCE" course as many times as you wish.



I've worked with literally thousands of people and one thing I know for sure...  
Your soul never gives you more than you're ready to deal with... Intention to clear is key...  
Being willing to feel and heal is key. Investing in your personal growth has profound ripple out  
effects and makes the world a much better place... Invest in yourself, invest in your world,  
see below what people have to share about their Life transformation Journey...

“ I thought it would be a wonderful opportunity to spend some time on my personal development.  
and what an awesome, amazing course, what a whirlwind of Grace, what a ride! I am awed by all the  
teachings that have come through you. A lifetime of learning honed by Truth and Love. You really have  
created a manual for an awakened life. I have been blown away by the depth and breadth of this  
program and I have experienced so many positive shifts in my life since we started. I feel clearer about who  
I am and where I am heading. Hoppi has totally supported me throughout these weeks.  
For me, this has been worth every penny. ”

*Joy, UK - Owner of a Health Food Shop*

“ This course has moved me so much, I don't easily cry but this has bought tears to my eyes....  
It has been an amazing journey and as I put on one of my favourite songs, I realised the song wasn't filling  
me with anger about my ex as it usually did, in fact I realised I didn't care about him or feel  
anything for him but indifference, I am sure you can imagine how thrilled I was by this :-). ”

*Gilli-anne, UK - Teacher & Artist*

“ Thank you so much from my heart. I am humbled to the wisdom and awareness passing through  
you, Hoppi. I feel so very blessed to have been a part of this journey. I feel I have received so much  
precious value through you. I am so grateful. Thankyou for helping me, for your support, your love  
and your true service. It is sooo precious and I feel a humbleness and deep gratitude arising from  
Stillness, that even words seem not to be covering. I love you so much... deep respect. ”

*Majken, Denmark - Mother & Seeker of Truth*

“ I feel such a deep well of gratitude as I ponder the many gifts you have shared... your time, energy, kindness,  
patience and wisdom. I feel deeply blessed to have had the opportunity to have worked  
with you as my teacher... What an utter Joy!  
Thankyou for seeing who I truly am and helping me experience this for myself... ”

*Gayle, Isle of Bute - IT Consultant*

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There are no mistakes in life, just teachings and growth... Some teachings are delivered with  
profound love and truth and others come as tough, hard, raw lessons... Your interest in this Life  
Transformation Program has opened the possibility of teachings flowing with natural beauty.

I am in humble service to the Divine Intelligence that creates everything in life,  
including this program. May it serve your deepest heart expansion and soul growth...

In Gratitude

Hoppi 

